



AGS 4th General Meeting

April 16, 2024

Activity: Pictionary

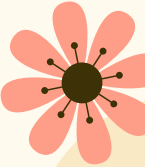


1. The room will be divided into two teams, the right and left side
2. A volunteer from each team will come to the front and Rock, Paper, Scissors for who will draw first

3. The first team will choose a word to draw from the list

4. The drawer has 1 minute to draw the word as their team tries to guess it
5. If the drawer's team guesses correctly within the time limit, the team receives a point
6. This process will repeat with the opposing side and so on, with a new drawer each round

7. The first team to reach 5 points wins!





AGENDA

- 1) Permanent Membership
- 2) Board Interest Form
- 3) Spring Conference
- 4) Upcoming Fundraiser
- 5) Upcoming Campus Events
- 6) Review of AGS Timeline



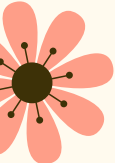


01 Permanent Membership





What is it?

A permanent Alpha Gamma Sigma membership is an all-life membership that has been earned when a member meets the standards that our statewide organization set forth when AGS was established in 1926.



Benefits

- ❖ Honors notation on your transcript
 - ❖ Sit in the honors section at graduation
 - ❖ Receive a gold stole
- 
- 

Requirements

- ❖ Minimum of 60 units with a minimum of 30 units at El Camino
- ❖ Must be a member of AGS for a minimum of one semester prior to applying
- ❖ Those with one semester must have a cumulative GPA of 3.5 or higher
- ❖ Those with two semesters must have a cumulative GPA of 3.25 or higher

How to Apply

- ❖ Applications can be found on our website
 - <https://eccags.wordpress.com/home-2/permanent-membership/>
- ❖ Email the application to our AGS email
 - ags.cabinet.ecc@gmail.com
 - CC: jcasper@elcamino.edu
- ❖ Due April 19th at 11:59 pm for the Spring 2024 Semester



ALPHA GAMMA SIGMA
HONOR SOCIETY
ALPHA PHI CHAPTER
Permanent Membership Application



Name: _____ Date: _____

Address: _____

City: _____ Zip Code: _____

Email: _____ Phone: _____

ECC ID: _____ Cumulative GPA: _____

of semesters in AGS: _____ Which semester(s): _____

Total Units Completed: _____ # of Units at ECC: _____

of units at other college(s) (if applicable): _____

Name of other College(s): _____

Note: If attended other college(s), its transcript must be attached.

CIRCLE THE APPROPRIATE ANSWER TO EACH OF THE QUESTIONS BELOW

Are you transferring, graduating, or both? TRANSFERRING GRADUATING BOTH

Will you be receiving an AS or an AA degree? AS AA NONE Transferring to: _____

**CURRENT TRANSCRIPTS FROM ECC AND OTHER COLLEGES MUST BE ATTACHED
APPLICATION WILL NOT BE ACCEPTED WITHOUT THE REQUIRED TRANSCRIPTS**

Please do not write below this line

of semesters at ECC: _____ # of semesters in AGS: _____ Total Units: _____

Total Grade Points: _____ GPA: _____ Date Received: _____ by: _____

Reviewed by: _____

Comments: _____

Approved? YES NO Signature: _____ Date: _____



02

**Interested
in being on
board?**

The interest form is now open!

- ❖ Fill out the interest form found in our link tree using your ECC Email ONLY (scan QR code)
- ❖ Two-Round Election Process
 1. The interview with the current board will take place on April 30th from 1:15-2:15 pm
 - ❖ After the interview, members will be notified if their name will be on the ballot for the general election
 2. The election will take place at the general meeting on May 7th from 1:15-2:15 pm



A decorative title card for a Spring Conference. The background is a light cream color with large, soft-edged, light beige shapes at the bottom. The design is framed by various colorful flowers and green leaves in shades of orange, red, yellow, and pink. The text is centered in a dark brown, serif font. The number '03' is positioned above the main title.


03
Spring
Conference



Spring Conference

**Members who are attending have already been selected and notified. Future conferences will be held in the Fall and Spring for those interested

Main Reminders:

- ❖ April 19-21, 2024 (This weekend!)
 - ❖ Meet in the Parking Lot near the Campus Police building
 - We advise getting dropped off to avoid leaving your car in the parking lot
 - ❖ We will leave this Friday the 19th by approximately 7:30am
 - ❖ Please limit your belongings to one carry-on sized bag
- 



04

**Upcoming
Fundraiser**

DO GOOD WITH CHIPOTLE



CHIPOTLE FUNDRAISER FOR **ALPHA GAMA SIGMA**

25% OF EVENT SALES GET DONATED TO THE CAUSE

TUESDAY, MAY 7TH | 4-8PM
1755 W ARTESIA BLVD, GARDENA, CA, 90248

ORDER ONLINE FOR PICKUP USING CODE **29Z9DW3**
OR SHOW THIS FLYER IN RESTAURANT



For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.



05
**Upcoming
Campus
Events**

Upcoming events via Canvas Dashboard

RELATIONSHIP SERIES

In the Health Center Conference Room

@ 12pm - 1pm [Click on titles for more info!](#)

SCAN ME



Love & Sorry

Find out more about love and apology language!

Feb 26th & Mar 4th

Ghosting in Modern Relationships

Learn how to improve communication at the end of any relationship.

Mar 11th & 18th

Attachments Styles

Join us for an enlightening workshop that delves into the intricate world of attachment styles in relationships.

Mar 25th & Apr 1st

The Power of Boundaries

Learn why boundaries are crucial, how to set them up and see through them.

Apr 15th & 22nd

Fear of Missing Out

Explore how FOMO impacts relationships and personal well-being, including the tendency to compare yourself to others.

Apr 29th & May 6th

Friend Breakups

Learn to navigate the complexities of friend breakups. Explore the emotional landscape of ending friendships, coping strategies, and gain tools to foster personal growth.

May 13th & 20th

STUDENT
HEALTH
SERVICES
TEACHING CENTER



Student Health Services 

MINDFUL MONDAYS

Presented by: Dr. Maria Nazarian

A weekly workshop designed to restore and heal your mind, cultivate awareness, kindness, compassion & joy. Come practice mindfulness exercises, learn about mindfulness-related concepts, and listen to a guided meditation.

Every Monday!

Starts March 11th- May 27th

**@ 1:00PM-2:00PM on the
Health Center Circle**

[click
here!](#)

For more information or for accessibility related questions, please contact SHS at 310-660-3643.



Upcoming events via Canvas Dashboard

OVERCOMING ANXIETY & DEPRESSION

Presented by Dr. Maria Nazarian



Join us for this insightful workshop where we'll explore effective strategies, coping mechanisms, and practical tools to navigate through challenges.

**Every Tuesday starting March 12th- May 28th
@ 1:00PM-2:00PM**

In the Health Center Conference Room

[sign up here!](#)

For more information or for accessibility-related questions, please contact SHS at 310-660-3643.

EL CAMINO COLLEGE STUDENT HEALTH SERVICES PRESENTS: DROP-IN GROUP THERAPY



STUDENT
HEALTH
SERVICES
EL CAMINO COLLEGE



LOOKING FOR A SPACE TO EXPLORE YOUR THOUGHTS, FEELINGS, AND RELATIONSHIPS? OUR GROUP THERAPY SESSIONS OFFER A SUPPORTIVE ENVIRONMENT TO UNDERSTAND YOURSELF AND CONNECT WITH OTHERS.

WHO:
OPEN TO ALL
EL CAMINO
COLLEGE
STUDENTS

WHEN:
WEDNESDAYS 2-3PM
MARCH 27TH
THROUGH JUNE 5TH

WHERE:
STUDENT HEALTH
CENTER
CONFERENCE
ROOM

Interested?

Visit our website www.elcamino.edu/StudentHealthServices or call (310) 660-3643 for more info

Upcoming events via Canvas Dashboard

Anger Management Series

Presented by Dr. Vianey Midgette

This workshop series is designed to empower students with effective tools for understanding and managing anger. Explore the roots of anger, learn healthy coping mechanisms, and develop communication skills to navigate challenging situations.

Thursdays 3/14, 3/21, 4/4, 4/18, 4/25

@ 1PM-2PM

In the Health Center Conference Room

REGISTER



For more information or for accessibility-related questions, please contact SHS at 310.660.3643.

AN EARTH DAY WORKSHOP BROUGHT TO YOU BY



CLIMATE CAFE

FREE SNACKS!

TUES, APRIL 16
2:30 - 3:30 PM

@ SOCIAL JUSTICE CENTER
(COMM 204)

A SAFE SPACE
TO DISCUSS
HOW WE ARE
TRULY FEELING
ABOUT CLIMATE
CHANGE

LED BY CLINICAL PSYCHOLOGIST DR. MARIA NAZARIAN



**Reminder to document your participation in
community or campus events to ensure you
earn the points you deserve!**

06 Review: AGS Timeline

4/19

**Permanent
Membership
App Due**

4/19-21

**Spring
Conference**

4/28

**Board
Interest
Form
Due**

4/30

**Interviews
With
Current
Board**

5/7

**5th General
Meeting,
Board
Election, &
Chipotle
Fundraiser**

**Thank
you!**

Our linktree →

